
Retirement and Its Discontents: Typology of the Lifestyles of CSPF's Retired members

Abbas Gorgi and Saeid Goudarzi

2021

Summary

As pointed out in the book, life expectancy and the number of the elderly in the world has increased in the past decades, and special attention has been paid to this issue. The nature of retirement and old age has changed, and the retired and elderly persons are facing new challenges. That is, economic, mental and physical health problems in tandem with some surrounding challenges have all affected the lifestyles of the retirees. People's lifestyles can account for multifaceted relationships between and among the individuals, society and challenges. The matter of variety and diverse types of lived experiences during retirement should be taken into consideration while developing right policies so as to achieve the desired effectiveness. Accordingly, the matter of retirement, the possible discontents and the typology of the lifestyles of CSPF's retired members were addressed in the current study based on the dialectics of "liberty and restriction" and agency/structure". The title of this study was adopted from Michelle Pannor Silver's book entitled '*Retirement and Its Discontents*'. The major aim of this study was on accounting for whether retirement is the last stage of one's life or it can be referred to as the beginning of the future stages or the so called '*Forth Age*'. In so doing, a mixed-method research study was conducted wherein the grounded theory was used being followed by in-depth interviews with 30 participants who had been selected through purposive sampling. Themes and subthemes were determined by the researchers and open, axial, and selective data-coding methods were used.